

FAM 5K "Fund" Run/Walk

18th Annual

Saturday, September 24, 2011



The FAM 5K is sanctioned by the Adirondack Association of USA Track and Field.

Join Us ...

18th Annual

FAM 5K "Fund" Run/Walk

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FAM 5K
"Fund" Run/Walk
PO Box 399
Cobleskill, NY 12043
FAM5K.com



2011 FAM 5K "Fund" Run/Walk Beneficiary.

The mission of
the FAM 5K
"Fund"
Run/Walk
is to endorse
and promote
the qualities of
family, good
health and
service
to our
community.

Making
Life
easier...

www.cahpcc.org | 607.432.5525



...for patients,
children, friends, parents,
caregivers, relatives...
...for everybody.



Serving Oswego, Delaware and Schoharie Counties

Each year the
proceeds from the
race are donated to
one of five different
charities on a
rotating basis:

- Catholic Charities of Schoharie County
- Catskill Area Hospice & Palliative Care, Inc.
- Habitat for Humanity
- Schoharie County ARC
- Schoharie County Community Action Program

SATURDAY, SEPTEMBER 24, 2011

RACE STARTS AT 10:00 A.M.

Cobleskill Fairgrounds - South Grand St.

RACE DAY REGISTRATION & PACKET PICKUP 8:15-9:30

At the Cobleskill Fairgrounds.

Through traffic on South Grand St. will be restricted at 9:00 a.m.

Please plan accordingly.

BROOKS' BBQ CHICKEN 10:30-12:00

Dinners \$7 & Halves \$4

All registrants receive a \$1.00-off coupon.

KIDS' RACE 11:00

Meet at the Grandstand.

For children 6 years old and under. FREE registration & T-Shirts!

HOSPITALITY

Complimentary fruit, bagels, drinks, etc., available at race finish for all participants.

Massage Therapists, Clown, Magician, and Music
Plenty of Parking On-Site

AWARDS 11:15

Age Groups (Male & Female)

1-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-over

- Overall M & F winners 18+ receive FAM Value Fund Shares
1st = 10 shares, 2nd = 5 shares, 3rd = 3 shares.
- Bonus: Award doubled - M/F who breaks the course record.
- Age group winners, M & F, 18+ receive 5 Shares of
FAM Equity-Income Fund.
- High school and collegiate athletes will jeopardize amateur
eligibility by accepting these awards.
- Overall winners are not eligible for age group awards.

★ We partner with the Altamont 5K run. There are additional prizes for the best combined times, M & F, for both the FAM 5K & Altamont 5K. Call (518) 861-6350 or visit Altamont5k.org.

FEES

	Adult	Child*	Family Rate
Received by 7/8:	\$16	\$12	\$35
Received by 7/9-8/12:	\$19	\$15	\$45
Received by 8/13-9/23:	\$22	\$18	\$55
Race Day 9/24:	\$28	\$23	NONE

* Child = 14 years of age and under.

Family Rate applies to all family members living in the same household. No Family Rate available on Race Day.

PRE-RACE DAY PACKET PICKUP

At FAM Funds

384 North Grand Street, Cobleskill, NY

September 20 - September 23

or Race Day at the Fairgrounds
between 8:15 a.m. & 9:30 a.m.

All participants must pick up timing chips
at registration tent on race day.

Contact: (800) 932-3271 or email
fam5k@famfunds.com



PRIZES FOR SCHOHARIE COUNTY SCHOOLS

- Race Day - check in at the school registration table.
Current students, faculty & staff members are eligible.
- Two schools - greatest number of participants & highest
percentage of school population - win a \$500 cash prize
& pizza party for all race participants.

**Long Sleeved
100% Cotton T-Shirts
For First 800
Registrants**



FAM Funds
MANAGED BY FENIMORE ASSET MANAGEMENT, INC.

Raffle

**Two Grand Prizes -
Tickets to Proctors
Family Series**

Proud sponsor of the
FAM 5K "Fund" Run/Walk

FAM 5K "Fund" Run/Walk Application Form

Please fill out one per participant & send with your
check payable to: FAM "Fund" Run/Walk,
PO Box 399, Cobleskill, NY 12043
or register online at FAM5K.com

Last Name _____

First Name _____

Age _____ Sex _____

Address _____

City _____ State _____ ZIP _____

Phone _____

E-Mail _____

2011 USATF Membership Number _____

School Affiliation _____

REGISTRATION FEE ENCLOSED: _____

T-Shirt Size (Please circle one)

ADULT S M L XL CHILD S M L

RELEASE: In consideration of your accepting this entry: I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Fenimore Asset Management, Inc., Fenimore Asset Management Trust, FAM Value Fund, FAM Equity-Income Fund, FAM Shareholders Services, Inc., the USATF Adirondack Association, Inc., the Village of Cobleskill, State University of New York at Cobleskill, their representatives, successors and assigns for any and all injuries suffered by me in said events. I hereby consent to the use of my name, photograph, and/or likeness in connection with my participation in the FAM "Fund" Run/Walk. In addition, for the safety of all, no dogs are allowed on the course.

Signature _____

Parent/Guardian signature (if under 18) _____

FAM5K.com (800)932-3271 fam5k@famfunds.com

Cut along the line and return with your check to FAM "Fund" Run/Walk, PO Box 399, Cobleskill, NY 12043